

Sunday, 2nd August 2026



*Eighteenth Sunday
in Ordinary Time*

Our Mission:
Building a Loving Christ-Centred Community



Parish Administrator:

Fr Joy D'Souza OCD

Chief Executive Officer:

Michael Darragh

Pastoral Associate:

Margaret Ryan

Church

Corner of East Street & Fourth Avenue, Sawtell

Parish Office - 02/6658 3544

1/44 Boronia Street, Sawtell
NSW 2452. Office Hours are
Monday to Friday, 9am to 3pm.

Regular Church Mass Times

Tuesday 9:30am

Thursday 9:30am

Saturday 5pm

Sunday 7:30am & 9am

Reconciliation every Saturday

4:30pm, no appointment necessary

Regular Chapel Mass Times

Our Lady of the Way at SCC

Marian Grove, Toormina

Wednesday 9:30am

Friday 9:30am

PARISH GIVING

First & Second
Collection &
Donations



Is God Calling You?

Are you ready, to say, "Speak Lord, your servant is listening," and to begin listening to know if God may be calling you to be a priest, deacon or religious? To begin that journey of discernment contact the Director of Vocations Lismore.

Email: vocations@lismore.catholic.org.au

Mobile: 0494 656 854

Phone: 02 6621 9444

Ignite Conference Brisbane 2026

24-27 September | St Laurence's College, Brisbane

A national Catholic youth conference for high school students, young adults, and leaders. Registration: \$320

Accommodation: \$250 (optional for young adults)

Free transport available (limited places)

Subsidies available for Yr 9-10 students.

👉 Scan the QR code to express interest

Expressions of Interest close Friday 7 August



Formation and Training Opportunities

Reading Ministry

Those who are part of the Reading Ministry at Mass will be invited to take part in a training session on **Wednesday, 2nd September** at 11am with the session repeated at 5pm. A session will be offered for those who only read at OLOW chapel after the 9:30am Mass, on the same day.

Ideally, parishioners who are part of this ministry demonstrate the following qualities:

- A love and understanding of the scriptures
- Knowledge of the principles of liturgy
- Skills in public reading
- Are commissioned by their parish for this ministry

In the light of this, we suggest the following resources for the formation of those in Reading Ministry which can be accessed in the FORMED app or website:

Our Story: A Basic Introduction to the Bible for Catholics

About this series

In a series of 5-minute video segments, get the Bible's big picture, along with a uniquely Catholic approach to the Scriptures. You may like to access the User's Guide which complement these short videos:

- The Old Testament: The Pentateuch
- The Old Testament: The Historical Books
- The Old Testament: The Wisdom Books and Prophets
- The New Testament: The Gospels
- The New Testament: The Epistles
- The New Testament: The Acts of the Apostles
- The Catholic Approach: The Mass
- The Catholic Approach: The Story
- The Catholic Approach: The Catholic Doctrines



If you need assistance in accessing FORMED for free on our parish account, you will find flyers at the doors to the church, or contact the Parish Office. Parishioners who would like to join this ministry in our parish are most welcome to attend.

Altar Servers' Training

Thursday, 27th August at 3:30pm.

If you have not yet registered your child, and they would like to join this ministry, please contact the Parish Office.

Safeguarding Training

Wednesday, 9th September at 10:30am, face-to-face Safeguarding Training.

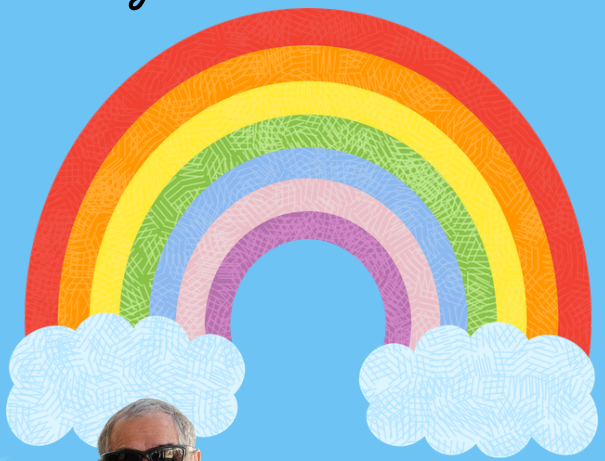
This is for all parishioners, especially those involved in Mass ministries, and those who take Holy Communion to the sick or housebound.

40th Anniversary of Passionist Family Groups in Sawtell +

Family Groups celebrated 40 years strong in our parish last weekend. If you are interested in finding out more about Family Groups, see the flyers at the doors to the church or give the Parish Office a call.



World Day for Grandparents + the Elderly 2026



First Reading Isaiah 55:1-3

Thus says the Lord:

Oh, come to the water all you who are thirsty; though you have no money, come! Buy corn without money, and eat, and, at no cost, wine and milk.

Why spend money on what is not bread, your wages on what fails to satisfy? Listen, listen to me and you will have good things to eat and rich food to enjoy. Pay attention, come to me; listen, and your soul will live. With you I will make an everlasting covenant out of the favours promised to David.

Responsorial Psalm

(R.) The hand of the Lord feeds us: he answers all our needs.

Second Reading Romans 8:35. 37-39

Nothing can come between us and the love of Christ, even if we are troubled or worried, or being persecuted, or lacking food or clothes, or being threatened or even attacked. These are the trials through which we triumph, by the power of him who loved us.

For I am certain of this: neither death nor life, no angel, no prince, nothing that exists, nothing still to come, not any power, or height or depth, nor any created thing, can ever come between us and the love of God made visible in Christ Jesus our Lord.

Gospel Acclamation Matthew 4:4

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God.

Alleluia!

Women's Retreat

Saturday, 8th August

Registrations close
this Monday -
3rd August.



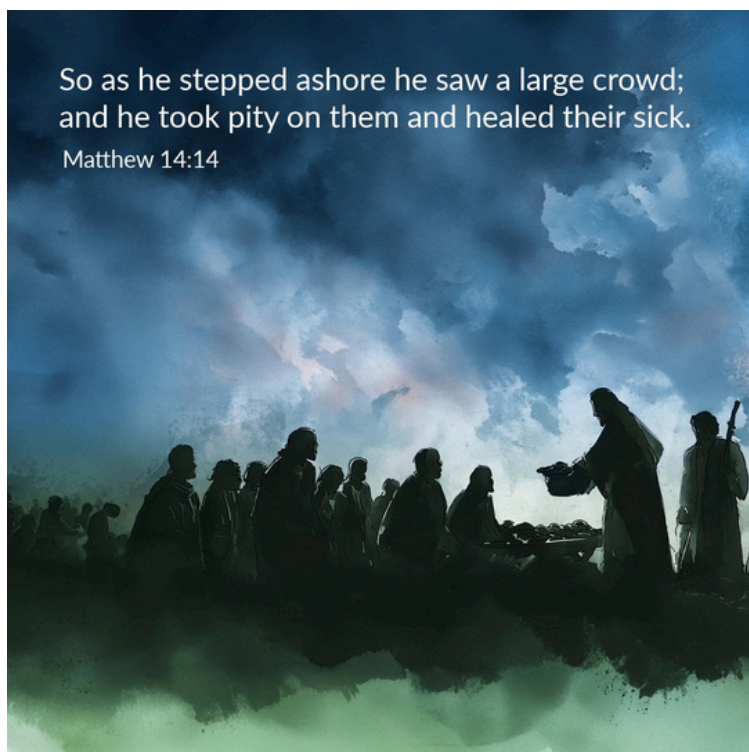
Gospel Matthew 14:13-21

When Jesus received the news of John the Baptist's death he withdrew by boat to a lonely place where they could be by themselves. But the people heard of this and, leaving the towns, went after him on foot. So as he stepped ashore he saw a large crowd; and he took pity on them and healed their sick.

When evening came, the disciples went to him and said, 'This is a lonely place, and the time has slipped by; so send the people away, and they can go to the villages to buy themselves some food.' Jesus replied, 'There is no need for them to go: give them something to eat yourselves.' But they answered, 'All we have with us is five loaves and two fish.' 'Bring them here to me,' he said. He gave orders that the people were to sit down on the grass; then he took the five loaves and the two fish, raised his eyes to heaven and said the blessing. And breaking the loaves he handed them to his disciples who gave them to the crowds. They all ate as much as they wanted, and they collected the scraps remaining, twelve baskets full. Those who ate numbered about five thousand men, to say nothing of women and children.

So as he stepped ashore he saw a large crowd;
and he took pity on them and healed their sick.

Matthew 14:14



REFLECTION by Dianne Bergant CSA

Jesus nourishes us. In a world that is fraught with meaninglessness, he offers purpose; to a world that is stumbling in darkness and confusion, he provides direction. He satisfies the hungry heart; he enlivens the drooping spirit. Those who follow Jesus will never be left to languish in the desert. If we but open our eyes, we will be amazed at the bountifulness of the nourishment that is provided for us. We will discover that God is magnanimous, even prodigal in giving, that God's generosity exceeds all of our expectations and also our understanding.

Furthermore, we are nourished by God through the ministry of each other, through the simple things of life, (distributing bread and gathering up the fragments): visiting the sick and consoling the grieving; caring for a child and giving aid to an elder; bagging groceries and directing a choir. If we but open our eyes, we will be astounded at how ordinary actions can satisfy our hunger and the hunger of others.

Most amazing of all is that this nourishment is given freely; there was no thought of requiring payment. God simply invites: Come! All we have to do is reach out our hands to receive and we will never be sent away to find nourishment for ourselves. We will discover that a bond is established that endures. Jesus is filled with compassion, a compassion that is not a fleeting emotion, but an enduring attitude. Nothing can separate us from the love of Christ.

St Vincent's Hospital Lismore Past Nurses Annual Reunion **Saturday, 29th August**

Mass at 10:30am
SVH Dalley St,
Lismore (Chapel)

Lunch at 12noon
Lismore Heights
Bowling Club

RSVP by 16th August
Leslie B. 0419489763



Date
September 12

Location
Mary Help of
Christians Catholic
Church -
2 Fourth Ave,
Sawtell, NSW

Time
11:30am – 2:30pm

All young people across the Diocese are invited to join us for the launch of Catholic Youth Lismore.

Come and celebrate this exciting new chapter in youth ministry as we gather for Mass, hear about the vision for Catholic Youth Lismore, receive exciting announcements about upcoming opportunities, and enjoy a meal together. Whether you're already involved in your parish or simply looking to connect with other young Catholics, this event is for you.

MASSES	Co-Ordinator	Welcomer	Ex. Minister	Sacristan	Offertory	Reader	Powerpoint Op	Senior Altar Server
Saturday 5pm	Jeanette Walsh	Cate & Graeme Clark	Ann Brennan	Les Michalik	Christine & Greg Baker	Trevor Cooper	Pam Conroy	Les Michalik
Sunday 7:30am		Marie & John Hendriks	Kathy McWilliam	Lyn Hollyman	Sue & Eric Garvey	Gwen Nyhan	Leanne Feltis	Lyn Hollyman
Sunday 9am	Don Kirkaldy	Michelle Harrison	Amber Biddle		de Byl Family	Dawn Sillato	Marthese Baiada	Joe Baiada

CHRISTMAS MARKET

Sunday, 29th November 2026
at The Link - 631 Hogbin Drive, Toormina
7:30am to 12:30pm

SAVE THE DATE

Market Stalls available

You don't have to be a professional market stall holder, amateurs/first timers are very welcome. Come and give it a try.

To book your place please scan the QR code and complete the short registration form.

Or contact the Parish Office on 6658 3544
admin@mhocsawtell.org.au



Recently Deceased

Fr Troy Bobbin
Carolyn Mash

The Sick

Marg Bryant



Cenacle Rosary
 Every Tuesday at
 3pm in the Church.
 All welcome.

The Catholic Diocese of Lismore Safeguarding Office
 the Diocese of Lismore Safeguarding Office can be contactable if you have any Safeguarding concerns. We will listen to you respectfully; offer support and discuss options you have available to you. Contact the Safeguarding Office -
 Phone: (02) 6621 9444 or
 Email: safeguarding@lismore.catholic.org.au



Diocesan Investment Fund

Interest Rate—4.15% (eff 1/8/2026)

For further information and our current interest rate, please visit our website www.dif.org.au or contact us on 1800 802 516