

Eucharist28 Update – This is My Body, Given For You

The International Eucharistic Congress in Sydney in 2028 ('Eucharist28') will be a global gathering of the Church centred on the Eucharist, the source and summit of our Christian lives, culminating in a Papal Mass with Pope Leo XIV. It will be a festival of faith, rich with worship, prayer, testimonies, art, music – a truly 'once in a lifetime' experience, and a transformative moment for our nation.

The theme for Eucharist28 is 'This is My Body, Given For You', which invites us to reflect on the words that Christ spoke as he instituted the Eucharistic Sacrifice.

At each Mass, the priest repeats Jesus' words from the Last Supper, and the bread and wine become the Body and Blood of Christ.

This miraculous change does not end with the gifts. As we receive the Body of Christ, we are transformed into the Body of Christ, carrying His presence into our homes, workplaces, schools, parishes and communities.

Just as He gave His life for us, we too are called to offer our lives in sacrifice and service to God and to those around us.

This national journey to Eucharist28 is an invitation for all of us to share in the breaking of the bread and allow Christ's presence to transform us. The journey begins now, in our own hearts and in our own parishes.

For catechetical material to help your parish and community prepare for this moment, head to **eucharist28.org/resources**.



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Eucharist28's theme, 'This is My Body, Given For You', invites us to reflect on Christ's words as he instituted the Eucharistic Sacrifice.

At each Mass, the priest repeats Jesus' words from the Last Supper, and the bread and wine become the Body and Blood of Christ.

As we receive the Eucharist, we are called to carry His presence into our homes, workplaces, schools, parishes and communities. We're invited to allow Christ's presence to transform us as we share in the breaking of the bread,

The journey begins now.

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