



The Most Holy Body and Blood of Christ

Sunday, 7th June 2026

Training for Extraordinary Ministers of Holy Communion

At the end of this month, we will be holding face-to-face training sessions for all existing and new Extraordinary Ministers of Holy Communion.

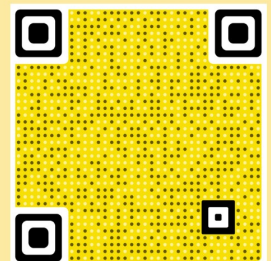
This training is for everyone who fulfills this vital ministry in our parish, including those who:

- Serve at any parish Masses (including OLOW Chapel)
- Take Holy Communion to the sick and housebound

Reflection & Preparation

Presence: The Mystery of the Eucharist

Before attending the training, we encourage you to take some time to reflect on the Eucharist as the "source and summit" of our Christian life.



To help guide your reflection, we invite you to watch *Presence: The Mystery of the Eucharist*. This beautiful series explores the truth and depth of Christ's real presence in the Eucharist, tracing its origins in Sacred Scripture to its profound role in the life of the Church and her members. Scan the QR code to view.

continued...

Our Mission:
Building a Loving Christ-Centred Community



...continued

Parish Administrator:

Fr Joy D'Souza OCD

Chief Executive Officer:

Michael Darragh

Administration Officer:

Jennifer Oliver

Pastoral Associate:

Margaret Ryan

Church

Corner of East Street & Fourth Avenue, Sawtell

Parish Office - 02/6658 3544

1/44 Boronia Street, Sawtell
NSW 2452. Office Hours are
Monday to Friday, 9am to 3pm.

Regular Church Mass Times

Tuesday 9:30am

Thursday 9:30am

Saturday 5pm

Sunday 7:30am & 9am

Reconciliation every Saturday

5:30pm, no appointment necessary

Regular Chapel Mass Times

Our Lady of the Way at SCC

Marian Grove, Toormina

Wednesday 9:30am

Friday 9:30am

PARISH GIVING

First & Second
Collection + Donations



Watching this series is a wonderful way to prepare your heart and renew your understanding of this sacred ministry.

Presence

- Episode 1- God Is with Us (35 minutes)
- Episode 2 – The Story of the Eucharist (40 minutes)
- Episode 3 – Bread for the Journey (34 minutes)

Simply login to *Formed* and search for *Presence* or click on the QR code. If you haven't yet signed up to *Formed*, flyers with instructions are available at the back of the church or call into the Parish Office.

Face to Face Training

Come along to one of our upcoming training sessions here in the church. Fr Joy will guide us through everything we need to know about fulfilling this vital ministry, helping us understand the deep significance behind each action.

This session will also provide essential guidelines for those taking Holy Communion to the sick and housebound in our parish.

We are offering two options:

- **Wednesday, 1st July at 11:00 AM**
- **Wednesday, 1st July at 5:00 PM**

Note: You only need to attend **one** of these sessions.

Thank you for your continued dedication to this beautiful ministry. We look forward to seeing you there!

First Reading Deuteronomy 8:2-3. 14-16

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

Responsorial Psalm

(R.) Praise the Lord, Jerusalem.

Second Reading 1 Corinthians 10:16-17

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

Gospel Acclamation John 6:51-52

Alleluia, alleluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

Gospel John 6:51-58

Jesus said to the Jews:

'I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you.

Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

PARISH CONNECTIONS

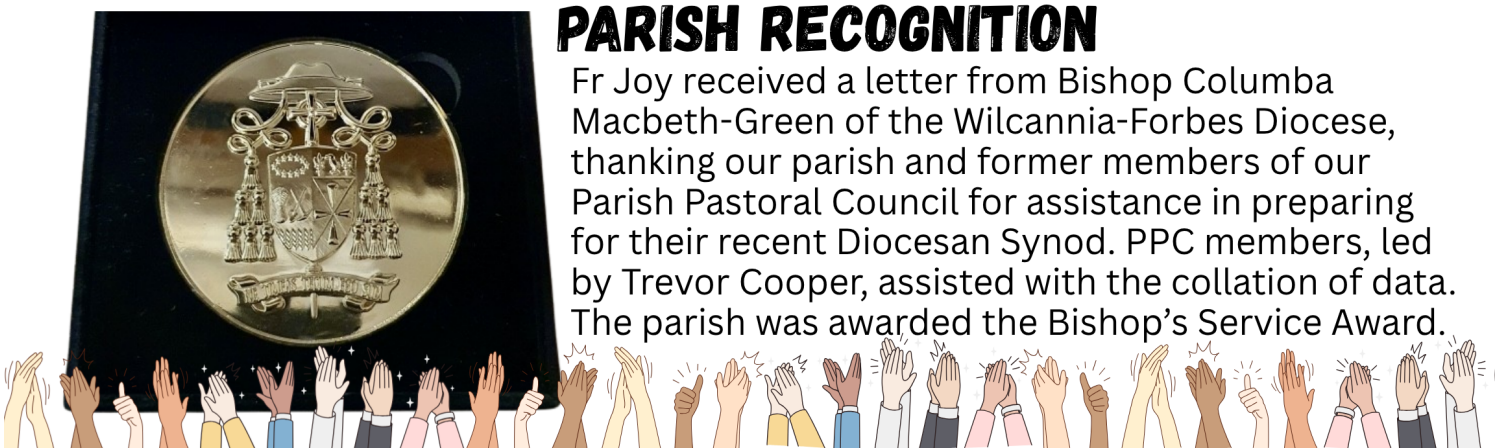
Tea & Togetherness



At Marian Grove, Rec Hall
On Wednesday, 24th June, after the 9:30am Mass. Come along for some tasty treats.

PARISH RECOGNITION

Fr Joy received a letter from Bishop Columba Macbeth-Green of the Wilcannia-Forbes Diocese, thanking our parish and former members of our Parish Pastoral Council for assistance in preparing for their recent Diocesan Synod. PPC members, led by Trevor Cooper, assisted with the collation of data. The parish was awarded the Bishop's Service Award.



MASSES	Co-Ordinator	Welcomer	Ex. Minister	Sacristan	Offertory	Reader	Powerpoint Op	Senior Altar Server
Saturday 5pm	Cheryl Hughes	Shirley Hunt	Chris Sercombe	Les Michalik	Cate & Graeme Clark	Jenny Triglone	Pam Conroy	Les Michalik
Sunday 7:30am	NEW VOLUNTEER PLEASE	Brenda Graham	Kathy McWilliam	Lyn Hollyman	Kathy & Bob McWilliam	Gwen Nyhan	Leanne Feltis	Lyn Hollyman
Sunday 9am	Wal Samut	Kathryn & Megan	Wal Samut	Don Kirkaldy	de Byl Family	Lorraine Kirkaldy	Brendan Biddle	Joe Baiada



Friday, 12th June 2026 - The Solemnity of the Most Sacred Heart of Jesus, also the World Day of Prayer for the Sanctification of Priests, is celebrated on the Friday after the Solemnity of Corpus Christi. This suggests to us that the Eucharist (Corpus Christi) is none other than the Heart of Jesus himself, of the One who "takes care of us" with his "heart". - Vatican News

ASPIRE

Young Adult Spiritual Formation
with Bishop Greg, OCD

(18 - 35 years old)

Thursday, 18 June


Monday, 27 July

Friday, 14 August

Monday, 7 September

Monday, 12 October

Tuesday, 24 November

 5:30 - 6:30 PM

For more information, contact Sr. Di Moralde, CM
M: 0434 772 867
E: dmoralde@lismore.catholic.org.au

Microsoft Teams
Login: **471 422 568 74059**
Password: **DB946Sp6**



This year's theme explores the spirituality of St. Therese of the Child Jesus. Discover her "Little Way" of doing small things with great love and see how simple acts can change everything.

Please pray for...

Recently Deceased

Barry Pullinger
Rodger Bridge
Johanna de Groot
Sally Towns
Yvonne Little

The Sick

Jake Murphy
Helen Duyster
Carolyn Mash
Peter Rose
Sue Garvey

Sawtell Josephite Companions



The Sawtell Josephite Companions welcome Sr Susan, our liaison with the Josephite Sisters in Sydney. Sr Susan joins us next weekend to share time and fellowship and also comes bearing gifts - time with our very own Sr Fidelis!

Welcome to both of these wonderful Sisters!

The Catholic Diocese of Lismore Safeguarding Office
the Diocese of Lismore Safeguarding Office can be contactable if you have any Safeguarding concerns. We will listen to you respectfully; offer support and discuss options you have available to you. Contact the Safeguarding Office - Phone: (02) 6621 9444 or Email: safeguarding@lismore.catholic.org.au



Cenacle Rosary
Every Tuesday at 3pm in the Church. All welcome.



 Diocesan Investment Fund	Interest Rate—3.90% (w/ 1/6/2026)
	For further information and our current interest rate, please visit our website www.dif.org.au or contact us on 1800 802 516